

# Demystifying the Numerology Chart

By Susan Kirk

## *The Souls Intention*

We talk a great deal about the soul and how important that aspect of our being is. We say things like, "it was a soul based decision", "he captured my very soul, or "that person has soul" when we wish to give them a great compliment. The American Heritage Dictionary defines soul as "a non-material entity said to be the animating and vital principal in men and women." How can we make contact with this ethereal part of us? Where does soul reside? Can numerology guide us to a deeper experience of our soul?

Throughout time and in all cultures worldwide, the vowels in the alphabet have been used to express or intone God. Chanting, or singing prayers, rely on vowel sounds such as oo's, aa's and ee's. So it is with our names, the vowels represent our higher self, the God within, our soul. Each vowel has a number value based on its position in the alphabet.

In the numerology chart we look to the final reduced number of all the vowels in the birth name to see the soul essence or intention of a person's life. This aspect of self is the guiding principal of each lifetime, the highest and best of us. It is this quality of intention that gives purpose and meaning to our lives.

The symbol of the soul position in the numerology chart is a circle, whole and inclusive. The soul is not divided or conflicted, it is the "both-and" perspective of our higher consciousness and allows us for example, to be both involved and detached, to love and let go with equal value. The souls function is to beam energy into our consciousness as pure intention without blame or judgment. Our job as humans is to align with that energy.

Being aware of the number represented in the soul position of your chart is vitally important. When we are conscious of the chosen focus at the soul level, then our mind, (derived from the consonance in our name) can begin to come into agreement with the power of that direction and then our personality, (the total value of soul and mind), can carry our traits and talents into the world. We can be ourselves. These three positions; soul, mind and personality, come from our name and represent our "being".

Our being is meant to make a dynamic connection with the work and responsibility we have chosen in this life. Our birth date shows us the life's work, or our "doing" here in earth school. This is not necessarily our career, but more what we are learning while we are engaged with that career, job, relationship, family or creative outlet. There is so much joy born from knowing that we are indeed walking our chosen path. Numerology is a tool of consciousness, a way to language our deepest desires, strengths and challenges. Numerology is complex at it's origins, the source of all consciousness, but simple in it's expression. When we are aware of this design, we enhance our ability to live the life we intended to.

### ***The Mind Position-Our Attention and the Duality of the Ego***

Numerology is an exquisite language meant to assist us with the journey of life, which could be thought of as spirit embodied in human form. The second position in the numerology chart describes, through number symbolism, the quality of ones mind. This number is arrived at by adding the consonant value in our birth name. Mind is the aspect of us that focuses our attention, the vital pathway of our soul's intention. Knowing the number represented in this position of your personal chart enables and supports an opening of this channel, so that spirit, the highest and best of each of us, can flow with integrity and purpose.

The mind creates our conceptual reality and maintains the "real illusion" of separation between you and I. The mind's job is to identify with the self as a separate and unique being, which at a human level is totally true. This is however, in contrast to our soul which knows very well that in the lap of creation and for all time, we are one. The soul does not perceive separation, rather the soul's reality is one of total unity. Being human is about learning to deal with this incredible dichotomy. When we choose to incarnate into the mystery of life, we create through intention, a mind. Mind is energy projected as thought, into and on to the world. Mind is dualistic by nature and therefore believes in and expresses an "either-or" perspective. It is bound by the laws of contrast. This is where our ego is born and we develop our human "I am" and "I am not" consciousness.

The mind is the storehouse for our belief systems, where we reflect on critical choices about who we believe we are. When we are children, if we are shown through love and acceptance that we have value, we develop confidence, a strong sense of self and a positive ego. This is the basis for making decisions that are life enhancing. If our self esteem was compromised during this critical period, then the mind can and does create defense mechanisms, negative ego structures, and the attention we focus on the world reflects back to us a lack of belief in our divine self. If you have ever asked yourself "why do I keep repeating old patterns even though I know they are not healthy for me?", investigating your numerological mind number could bring some light to that question. If the mind is imprisoned with old beliefs, then the soul cannot express its true purpose and we do not experience the deep satisfaction of fulfilling our intention. The mind can amplify beauty, love and compassion or it can distort that love through its identification with pain and suffering.

Let me give you an example of how number symbolism applies to these concepts. If you have a 7 mind, you have the potential to be very objective about life. You can put your attention on deep matters and study them until you are satisfied that you understand the nature or truth about the problem or teaching. If however, you are not willing to take the time to look deeply into things and resist because you have a fear or belief system that is

against this, then the negative aspect of the 7 mind could play out repeatedly. This disconnection from the true path of the 7 mind could result in an attitude of arrogance and an inability to consider or appreciate another person's point of view. A 7 mind is served by asking the question, "would I rather be right than happy?" Each number from 1 to 9 (and the master numbers 11 and 22), has many positive aspects. It is only when we repress or deny those qualities that we create the negative distortions. This is particularly challenging when it comes to the mind.

The mind is meant to be an instrument of the soul's intention, yet we have free will and therefore the ego can project whatever it chooses from the palette of thoughts and feelings based primarily on our belief system. The number found in the mind position can provide a very valuable guidance map to the essence of this instrument as well as the negative distortions possible there. When we activate our awareness of both soul and mind position, (vowels and consonants) our alignment with our healthy potential becomes the key to healing the negative belief systems that may plague our lives. Mind as healer or mind as slayer? The key can be found in your numerology chart.

### ***The Personality Position-The expression of our traits, talents and abilities***

When casting a numerology chart, the first three positions are derived from the birth name. The lead position, garnered from the vowels, is the Soul essence, the true undistorted self. This is followed by the consonant reduction, which gives us the mind position, or the aspect of the self that focuses our attention and conceptualizes our reality. When these two aspects of the chart are mathematically combined and reduced, the result is the personality position. These three aspects complete the trinity of the self.

Personality is a potent part of our being acting as the communicator of who we are in the world. It is often the way others see us and therefore how others relate to us because of

that perception. The persona can act as a mask and hide our fears and vulnerability or it can be a radiant expression of our essence.

It is the function of the personality to serve as the messenger, the expresser of our soul's intent. Our personality is dependent on the pathways of communication with the soul. The mind acts as a go between, helping to sort out that intention and make it relevant in our world. If the mind is fixated on negative thoughts and addictive patterns, the personality has little choice but to act on these impulses according to the emphasis of the specific number symbolism found there.

Personality is at risk in two ways; that of not having enough clear, healthy soul direction and also if connected to a strong ego identity. For example, a famous person who is projected on by the public at the personality level as either God like or evil, will run the risk of becoming that personality, which may or may not have much to do with who they are at a soul level. The personality is very susceptible to the energies that come toward it from the outside, unless the anchor to the soul is strong. Babies and young children need constant reinforcing of their good, constructive and creative behaviors in order to repeat those behaviors. If the negative behavior gets the most attention, then that is what the person learns to repeat. We are energy readers before we understand language.

A person who has developed a healthy respect for self through body and feeling awareness, both soul based essence qualities, has an instinctive framework for behavior. Common sense or healthy instinct, is very undervalued in our society today. Common sense when coupled with compassion forms the basis for clear communication through the personality. When we express our traits, talents, preferences and abilities from this place of self awareness, we communicate grace, caring, receptivity backed up with healthy personal boundaries. Self expression from a personality grounded in soul qualities will create outcomes that reinforce confidence in the higher self and result in clear, sure communication which is the goal of the personality.

If however we are cut off from our deep instinctive knowing, the personality can and usually does, act impulsively, creating and recreating unnecessary drama and consequences which are feedback loops that something is amiss. The teenage years are particularly susceptible to personality dysfunction's due to the fact that at that age, an opportunity opens (facilitated by the hormonal pathways) to individuate and express ones own point of view as separate from ones parents or society. If the soul is active and the mind is calm, then the personality can be wildly creative, rather than wildly destructive. The personality can add to the fabric of society or it can pit itself against society and remain stuck at that point for a long time. This is the reason why indigenous cultures value the initiation rites of young men and women during these years. The purpose of such ritual is to anchor the soul to the personality and clear the mind of negative patterns learned in the younger years. The personality needs the guidance of a larger context, a greater meaning or purpose to life, this aspect of self is not meant to function by virtue of its own impulses.

How can we, through numerology, strengthen the tie of our personality to our soul? Understanding the qualities inherent in the number symbolism of our personality is primary. Secondly understanding the relationship of that number, to the numbers found in soul and mind will further our that vital link. Take a moment to sit down, breath deeply, quiet the mind and ask, "what are the qualities I want to express in the world that communicate who I am and what has meaning for me?"

### ***The Life Path-Your primary lesson in this lifetime***

Numerology is a ancient metaphysical science gifted to humanity as a means of understanding our lives. This esoteric language indicates ways of perceiving a true relevance to our existence. The numerology chart provides a template of choices and challenges that each individual embodies. Numerology is not meant as simply predictive, it is more profound than that. Predictions may or may not be accurate, whereas urging

ourselves to embrace the many faceted diamond of our incarnation, allows us to live in the mystery with support and consciousness. Numerology is a multi-layered intelligence that is meant to be worked with as a relationship. This relationship is most activated in the Life Path or primary life lesson, our true "work" of this lifetime. What is meant by work, is the deep work that the Soul knows must be engaged with in all aspects of life; career, service, creativity, relationship, emotional, physical, and spiritual. The Life Path is the access point, the magnetic draw, offering opportunities to hone one's self through the constant wheel of un-consciousness and consciousness. We may, with all our being resist the terms and conditions of the Life Path we have chosen, but we will always be called back to the altar of possibility as we grapple and reckon with the task.

It is our birth date, when reduced to a single digit, that shows us the numeric symbol of our Life Path. The numbers 1 through 9 (as well as the two master numbers 11 and 22) are the possibilities. Each of these symbols contains a multiplicity of meanings. It is important to note here that all numbers are positive in essence. It is our choice whether we align to that positive energy or repress, deny and resist, thus experiencing the negative distortion of that experience. The Life Path is the most important aspect to understand in the numerology chart. It dictates our experience and asks the most of us. Numerologist Michel Kasset calls the Life Path "the basic terms of happiness." If we are conscious of the lessons within the realm of a specific number, then we can make choices and decisions that will enhance and aid us in focusing and guiding our actions toward a positive outcome. We are constantly creating Life Path experiences even if we have no idea what the number symbolism is. However, when we are aware of what the symbolic meaning of our personal Life Path is, we are better able to focus on the task at hand, we have our job description.

Because the Life Path is our primary lesson here in earth school, it is obviously an intense experience and takes years to fully embrace and align to. When we are young, we dip our toe in the water and get used to the pool, we usually don't just jump in if we can't swim (there are exceptions!). For most of us, we start with kindergarten and build our knowledge through experiences one step at a time. The Life Path is always active, but we learn from it

in stages. Often clients will say to me "I've been working on that for a long time and I haven't gotten that lesson yet." There isn't one thing, one lesson in our Life Path, there are layers and layers.

While in our third and fourth time frame (ranging between 36 to 53 depending on your personal chart) the Life Path intensifies. It is during this stage of life that we often create opportunities to test what we have learned through new and challenging experiences, we are mature enough to handle the acceleration. There are no hard and fast rules here but the mid life and onward can be very significant for Life Path recognition and development. When we do fully engage with the task at hand, the energy can be intense, it wants our attention. We can grow tremendously if we remain engaged and willing to surrender to the path. These are the times we must strive for clarity, yet admit our blind spots, be strong but infinitely flexible, be open to outcome without rigid expectation of what that outcome needs to be. Remember, the numerology chart represents a design each of us created, it is not something that was given to us or forced upon us, it is us. The Life Path is what we deemed our most important lesson so we might as well get on with it!

This quote from Goethe applies beautifully to the terms and possibilities of our Life Path:

*"The moment one definitely commits oneself, the Providence moves too. All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, rising in one's favor all manner of unforeseen incidents and meetings and material assistance, which no man could have dreamed would have come his way. Whatever you can do or dream you can do, begin it. Boldness has genius, power and magic in it. Begin it now."*